

# **Composition:**

**3Bion™ Tablet:** Each film coated tablet contains Thiamine Mononitrate (Vitamin B1) BP 100 mg, Pyridoxine Hydrochloride (Vitamin B6) BP 200 mg and Cyanocobalamin (Vitamin B12) BP 200 mcg.

### Pharmacology:

**3Bion**™ is a combination of Vitamin B1 (Thiamine), B6 (Pyridoxine) & B12 (Cyanocobalamin). These vitamins play essential role as co-enzyme for the metabolism of nervous system. Thus this combination normalizes the nerve cell metabolism. **3Bion**™ supports the regeneration of nerve fibers and myelin sheath by activation of the metabolism and the natural repair mechanism. The combination of these three vitamins shows better efficacy than that of the individual components. In addition, Vitamin B1, Vitamin B6 & Vitamin B12 promote body's own repair mechanism and work in pain management.

### Indications & uses:

**3Bion**<sup>TM</sup> is indicated for the treatment of Vitamin B1, Vitamin B6 & Vitamin B12 deficiency syndrome. It is also indicated in the treatment of:

- Diabetic neuropathy
   Facial neuralgia
- Spinal pain
- Peripheral neuralgia
- Lumbago
- Peripheral neuralgia
  Intercostal neuralgia
- Myalgia
- Sciatica

# Dosage and administration:

1-3 tablets per day or as directed by the physician.

Route of administration: By mouth

### **Contra-indications:**

It should not be used in patients on levodopa therapy.

# Warning & precautions:

This combination (Vitamin B1 + Vitamin B6 + Vitamin B12) should be avoided in case of hypersensitivity to thiamine, cobalt or any other component of these ingredients. Cyanocobalamin should not be given before a diagnosis has been fully established because of the masking symptoms of sub acute degeneration of the spinal cord.

## Side effects:

Very rarely hypersensitive reaction and sensitivity disturbance may occur.

# Use in pregnancy:

No risks have become known associated with the use of  $3Bion_{\text{TM}}$  during pregnancy at the recommended dose.

## Use in lactating mother:

It is not known whether thiamine (Vitamin B1) is excreted in breast milk or not, but may be taken cautiously during lactation. Vitamin B6 & Vitamin B12 have no adverse effect during lactation.

# Use in children & adolescents:

**3Bion**<sup>™</sup> should not be given to the children & adolescents due to the high content of Vitamin B complex.

## **Drug interactions:**

Pyridoxine (Vitamin B<sub>6</sub>) reduces therapeutic effect of levodopa but it does not occur if a dopa decarboxylase inhibitor is also given. Neomycin, chloramphenicol, aminosalicylic acid & histamine (H<sub>2</sub>) receptor antagonist may reduce Vitamin B<sub>12</sub> absorption.

*With food:* Alcohol & black tea diminish the absorption of thiamine Beverages containing sulphite (e.g. wine) enhance thiamine degradation.

### Overdose:

If there is known overdose then treatment is symptomatic and supportive.

### Storage:

Store in cool & dry place below 25° C, protect from light. Keep out of the reach of children.

# Packs:

**3Bion**<sup>™</sup> **Tablet:** Each box contains 60 tablets in blister packs.

Manufactured by: Jenphar Bangladesh Ltd. Sreepur, Gazipur, Bangladesh.